



MIRAZEN

1. **The Sacred Space:** An invitation to enter the mystery of creation and change - stepping inside. Open your heart to receive and let yourself be carried into the new, trusting the movement and filled with curiosity and excitement.
2. **The Power of Life:** “This is what I want”; “I am ready and willing”. Vitality in the challenge. Entering the deep darkness trusting the journey and power of being called from within and at the same time held and guided. Being present with what is and letting yourself enter your authentic and honest presence. Opening your heart and feeling yourself being called back towards the light.
3. **A Prayer to the Higher Self:** “Help me on my journey. Show me the way and let me feel your presence. Guide me on my journey. Be my light.”
4. **The Deep Knowing:** Connection to Source Love and the sacred. Seeing the path and how to move forward. Embracing the syntony of your own true nature. Knowing in your heart. The beginning of manifestation and clarity. Contacting your inner power source, the wild and wise become present. Your wild inner child connected to the infinity of Source Love.



5. **The Circle of Life.** The meeting and integration of the collective. The individual as drops of water combining into an ocean. The path is clear towards an expanded being in light. We are moving forward together.

6. **Ode to the Mystery of Life.** The calling from your inner self. Embrace and recognize your inner divinity. Calling your inner soul to presence and manifestation. The flower is opening. The magic of life. You are opening yourself up from your inner core to a true expanded being. Supported and loved.

7. **The New State of Being.** Expansion and presence. In the union of the individual voices and in the joining of harmonies. The movement has begun. You are called to enter the new era and co-create in the new state of being - MiraZen.